



Fall 2022-23 Schedule (707)575-8277

Rev. 9/19/22

MONDAY				TUESDAY				WEDNESDAY			
STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO A	STUDIO B	STUDIO C	STUDIO D
									9:30-10:15 Creative Ballet, ages 3-4 LYNDSEY		9:30-10:45 Teen/Adult Ballet, Mixed Levels ALISSA
									10:15-11:00 Tots Tap 'n Fun, ages 3-5 LYNDSEY		
									11:00-11:45 PreBallet, ages 4-5 LYNDSEY		11:00-12:15 Teen/Adult Jazz, Mixed Levels ALISSA
3:15-4:15 Beg. Ballet, ages 5-6 EMILIA									3:30-4:15 Hip Hop Tots, ages 3-5 RACHEL		
	3:45-4:45 Taptations Tap Co. EMILY	3:45-4:45 Jazz 1/2, ages 8-10 MONIQUE	3:45-4:45 Ballet 1, ages 5-6 LYNDSEY	4:00-5:15 Senior Ballet 4, ages 15-18 GABRIELLE	3:45-4:45 Hip Hop 1, ages 7-9 RACHEL	4:15-5:15 Fuse Jazz Co. MONIQUE	3:45-4:45 Beg. Tap, ages 5-6 ALYSON	4:15-5:15 Teen Contemporary 3 DANIELLE	3:45-4:45 Junior Ballet 1, ages 8-11 LYNDSEY	3:45-4:45 Beg. Ballet, ages 7-9 EMILIA	3:45-4:45 Preteen Tap 2/3 EMILY
4:15-5:45 Teen Contemporary 4 DANIELLE	4:45-5:45 Preteen Musical Theatre, ages 9-12 EMILY	4:45-5:45 Hip Hop 1, ages 5-7 MONIQUE	4:45-5:45 Junior Ballet 3, ages 11-13 LYNDSEY	5:15-6:45 Teen Jazz 4 MONIQUE	4:45-5:45 Preteen Hip Hop 3 ANGELA		4:45-5:45 Preteen Jazz 1/2 EMILY	5:15-6:45 Ignite Jazz Co. MONIQUE	4:45-5:45 Beg. Hip Hop, ages 7-9 RACHEL	4:45-5:45 Beg. Preteen/Teen Ballet EMILIA	5:15-6:15 Preteen Contemporary 1 DANIELLE
5:45-6:45 DC Expression Contemporary Co. DANIELLE	5:45-6:45 Tap 1/2, ages 8-10 EMILY	5:45-6:45 Ballet 1, ages 7-9 LYNDSEY	5:45-6:45 Beg. Teen Hip Hop MONIQUE		5:45-6:45 Footloose Tap. Co. EMILY	5:45-6:45 Intro. To Dance SHANNON ALISSA	5:45-6:45 Acrobatics, ages 7-12 DANIELLE	5:45-6:45 Int. Teen/Adult Tap ALISSA	5:45-6:45 Int. Teen/Adult Tap ALISSA	5:45-6:45 Beg. Preteen Hip Hop RACHEL	
6:45-7:45 Beg. Preteen Contemporary DANIELLE	6:45-7:45 Beg. Teen Jazz MONIQUE		6:45-7:45 Senior Ballet 1/2, ages 13-16 LYNDSEY	6:45-7:45 FootNotes Adult Tap Co. ALISSA	6:45-8:15 DC Swag Hip Hop Co. JAMES	6:45-7:45 Preteen Contemporary 2 DANIELLE	6:45-7:45 Teen Musical Theatre, ages 13-18 EMILY	6:45-7:45 Teen Hip Hop 2 JAMES	6:45-7:45 Beg. Preteen Jazz MONIQUE	6:45-7:45 Teen/Adult Stretch & Barre SHANNON	6:15-7:45 DC Unity Contemporary Co. DANIELLE
7:45-8:45 Acrobatics ages 13+ DANIELLE				7:45-8:45 Teen Contemporary 2 DANIELLE		7:45-8:45 Beg. Teen/Adult Tap MONIQUE	7:45-9:00 Teen/Adult Ballet, Mixed Levels ALISSA	7:45-8:45 Teen Jazz 1/2 MONIQUE	7:45-8:45 Teen Hip Hop 3/4 JAMES	7:45-9:00 Teen/Adult Contemporary, Mixed Levels ALISSA	7:45-8:45 Strength & Conditioning, all ages MARISSA DANIELLE

